

Read Instructions Before Using FOOTBAR® Walker

INSTRUCTIONS

*The following instructions apply whether the FOOTBAR® Walker is utilized by one or two caregivers.

1. The caregiver opens the closed walker and locks the walker side arms into the open position (**see page 2). Adjust the walker to the correct height for the patient.

2. The caregiver places the open, locked walker arms in front of the seated patient, even or slightly past the patient's toes, to allow trunk over base of support motion.

3. The CAREGIVER MUST FIRST grasp the center of the top bar / pull bar with one hand, then place one foot on the center of the spring-loaded foot bar.

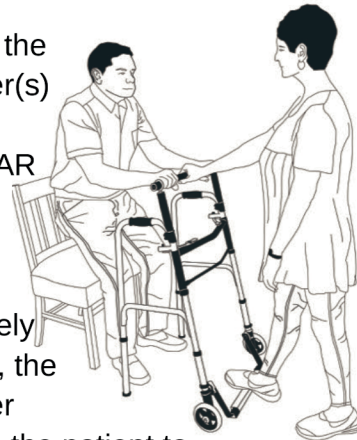


With 2 caregivers: Caregiver A, places right hand on top bar / pull bar and right foot on foot bar. Caregiver B, places left hand on top bar and left foot on foot bar.

4. The caregiver(s), using one foot, rotates the foot bar backward and downward until making contact with the floor / ground surface using body weight to securely hold foot bar framework in place, then places opposite foot slightly behind and shoulder width apart to assume a safe, comfortable stance of strength.



5. Once the caregiver(s) has the FOOTBAR Walker firmly and completely secured, the caregiver instructs the patient to reach forward and grasp the top bar / pull bar using both hands by placing one on either side of the caregiver's hand (place in between if using two caregivers). Patients with limitations or without use of two arms may use alternative single handhold placement in center of pull bar only.



6. The patient pulls body forward and upward at the same time pushing upward with their legs to a standing position.

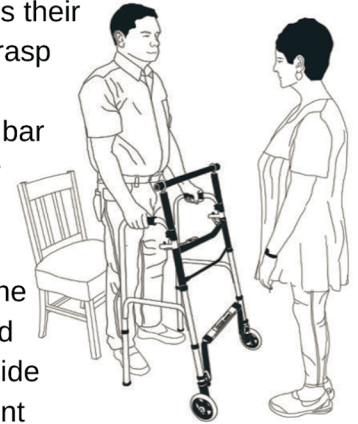
7. Once the patient is in the standing position, the caregiver instructs the patient to remove one hand at a time from the top bar / pull bar and grasp the left and right side handgrips at the top of the walker's framework.



8. After patient is fully upright and stable, caregiver SLOWLY allows foot bar to move back to the original starting, upright position.



9. The caregiver releases their hand grasp from the top bar pull bar and steps out of the way and to the side of patient and walker to allow ambulation.



10. When patient wishes to be seated, first have patient back up until back of patient's legs are touching chair, bed or seat surface. Caregiver repeats STEPS 3 through 5 of instructions. The patient, while grasping the top bar / pull bar with both hands, slowly lowers body into seated position.

11. Once patient is safely seated, caregiver(s) slowly releases the foot bar to upright position. Then caregiver releases their grasp of the top bar / pull bar and finally, moves the FOOTBAR Walker away from patient.

WARNING

NOTE: Caregiver UNDER NO CIRCUMSTANCE should remove their hand grasp from top bar / pull bar until foot bar is secured and in upright position.

DO NOT ATTEMPT TO ADJUST OR OPERATE THIS WALKER WITHOUT READING ALL INSTRUCTIONS CAREFULLY.

History of the **FOOTBAR®**

Originally designed for a friend who could not stand on his own. His wife could no longer lift him and was feeling the strain on shoulders and back pain. Trying to avoid injury to herself and her husband became a challenge. The patient was an 88 year old WWII veteran recovering from his third hip replacement. He had been diagnosed with Lewy Body Dementia. The wife, age 86, was the sole caregiver and wanted to keep him home as long as possible. The inability to stand placed physical pressure on her and threatened his ability to stay home or move to a nursing home.

After many attempts, a revelation changed the entire design making the FOOTBAR what it is today an aid for both the patient and caregiver. Soon, others began asking for the FOOTBAR Walker. With no plans to make a commercialized product, demand persisted and in 2017 & 2019 the FOOTBAR acquired two patents.

The walker was designed for those with a disability or limited mobility. Patients love it because they are not pulled and tugged on. Caregivers love it because it allows the patient to do the lifting rather than the caregiver. Don't take our word for it, check out our Facebook comments, physical therapist reviews, awards, and magazine articles.

WARNINGS

Utilizing this walker will not prevent a patient from tripping or falling. Check with physician before use. The **FOOTBAR** Walker must be utilized by a physically & mentally capable caregiver that understands how to properly use and follow instructions.

DO NOT attempt to use top bar / pull bar / foot bar functions and features without a caregiver present. Without a caregiver present to operate, the walker offers patient no assistance to stand or be seated and should not be used for this purpose.

DO NOT use on stairs or escalators.

FALL RISK: Weak or fall risk patients should consult physician before use.

FAILURE TO FOLLOW ALL INSTRUCTIONS MAY RESULT IN SERIOUS INJURY.

Information contained herein subject to change. Most current / complete product information on website listed below.

GANM, LLC
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Model 4266SW_2018

Two (2)
Push Button
Side Arm
Locking
Mechanisms



****Unfold arm sides until you hear audible clicks from both sides. DO NOT operate if push buttons are not securely locked**



LIMITED 3 YEAR WARRANTY

The FOOTBAR Walker is warranted to be free of defects in materials and workmanship. This device was built to exacting standards and carefully inspected prior to shipment. In the event of a defect covered by this warranty, this device will either be repaired or replaced at company discretion. This warranty provides only for replacement of defective parts and does not cover shipping or labor charges. The company's sole obligation and your exclusive remedy under this warranty are limited to such repair and/or replacement. Tightening the nuts and bolts periodically are recommended. This warranty does not cover device failure due to owner misuse, negligence, improper storage or normal wear & tear. This warranty does not extend to non-durable components, such as rubber accessories, grips, springs or casters which are subject to normal wear and need periodic replacement. If you have any questions regarding the device or this warranty, please contact the company or an authorized dealer.



“
Easiest
Way To Get
Back On
Your Feet
”

FOOTBAR® Walker

ASSISTS PATIENTS AND
CAREGIVERS