

Please Read Before Using The FOOTBAR® Walker

INSTRUCTIONS

* The following instructions apply whether the FOOTBAR® Walker is utilized by one or two caregivers.

1. The caregiver opens the closed walker and locks the walker side arms into the open position. Adjust the walker to the correct height for the patient.

2. The caregiver places the open, locked walker in front of the seated patient even or slightly past the patient's toes to allow trunk over base of support motion.

3. The caregiver MUST FIRST grasp the center of the top bar / pull bar with one hand and then place one foot on the center of the spring loaded FOOTBAR®.



With TWO caregivers: Caregiver A, places right hand on the top bar / pull bar and right foot on foot bar. Caregiver B, places left hand on top bar and left foot on foot bar.

4. The caregiver(s) rotates the foot bar backward and downward until making contact with the floor / ground surface to securely pin the foot bar framework with one foot, then place opposite foot slightly behind and shoulder width apart to assume a safe, comfortable stance of strength.



5. Once the caregiver(s) has the FOOTBAR® Walker firmly and completely secured, the caregiver(s) instructs the patient to reach forward and grasp the top bar/pull bar with both hands. One on either side of the caregiver's hand (in center if used with two caregivers). Patients without full use of two arms can use a combination of hand holds or the strongest arm.



6. The patient pulls forward and upwards (while pushing upward with their legs) to a standing position.

NOTE: As the patient is moving from a seated to standing position, the caregiver's bodyweight combines with their pulling force. This allows the caregiver and the patient to oppose each other, resulting in the patient standing with greater ease and comfort than the alternative of being pulled up, without any consideration given to patient's pain or weakness.

7. Once the patient is established in the standing position, the caregiver instructs the patient to remove one hand at a time from the top bar/ pull bar and grasp the left and right side handgrips at the top of the walker's framework.



8. After the caregiver determines that the patient is stable and ready to walk, the caregiver SLOWLY allows the spring loaded FOOTBAR® to move back to the retracted position.

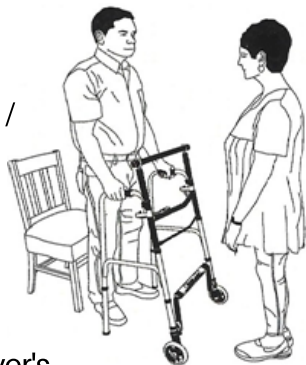


WARNING

NOTE: Caregiver UNDER NO CIRCUMSTANCES removes their hand grasp from top bar (pull bar) until FOOTBAR® is secured and in an upright position.

DO NOT ATTEMPT TO ADJUST OR OPERATE THIS WALKER WITHOUT READING ALL THE INSTRUCTIONS CAREFULLY.

9. The caregiver releases their hand grasp of the top bar / pull bar and steps away from the walker and the patient.



10. With the caregiver's supervision, the patient is able to walk on their own utilizing the FOOTBAR® Walker.

11. At such time the patient wishes to be seated, the caregiver allows the patient to back up until patient's legs touch the chair or bed. STEPS 3-5 of the instructions are to be repeated by caregiver. The patient while grasping the top bar/pull bar with both hands then slowly lowers into a seated position.

12. Once the patient is safely seated, the caregiver(s) first, slowly releases the FOOTBAR®. Second, the caregiver releases their grasp of the top bar / pull bar and finally, moves the FOOTBAR® Walker away from the patient.

IMPORTANT INFORMATION

Utilizing this walker with the top bar installed or removed will not prevent a patient from tripping or falling. The FOOTBAR® Walker must be utilized by a physically & mentally capable caregiver that understands how to properly use and follow instructions.

The FOOTBAR® Walker may be used without caregiver assistance as a standard walker. **DO NOT attempt to use top bar / pull bar without a caregiver.** Without a caregiver, walker offers patient no additional assistance to stand or be seated.

FAILURE TO FOLLOW ALL INSTRUCTIONS MAY RESULT IN SERIOUS INJURY.

www.thefooterwalker.com



Unfold arm sides until you hear audible clicks from both sides. **DO NOT operate if push buttons are not securely locked.**

LIMITED 3 YEAR WARRANTY

The FOOTBAR Walker is warranted to be free of defects in materials and workmanship. This device was built to exacting standards and carefully inspected prior to shipment. In the event of a defect covered by this warranty, this device will either be repaired or replaced at company discretion. This warranty provides only for replacement of defective parts and does not cover shipping or labor charges. The company's sole obligation and your exclusive remedy under this warranty are limited to such repair and/or replacement. Tightening the nuts and bolts periodically are recommended. This warranty does not cover device failure due to owner misuse, negligence, improper storage or normal wear & tear. This warranty does not extend to non-durable components, such as rubber accessories, grips, or casters which are subject to normal wear and need periodic replacement. If you have any questions regarding the device or this warranty, please contact the company or an authorized dealer.